

# Merit Badge Programs



## LIFESAVING

Training in our Indoor Pools similar to American Red Cross Lifeguard Certification Course. BSA Swim Test sign-off included. Minimum of 10 hours —additional hours depend upon Scout's experience and ability. Scheduled over 4 weeks.

Merit Badge Counselor Heather Fittery  
heatherfittery@lititzrec.com 717-626-5096, ext 227



## SWIMMING

Training sessions will be held in our Indoor Pools. BSA Swim Test sign-off included. Minimum of 6 hours —additional hours depend upon Scout's experience and ability. Scheduled over 4 weeks.

**\*\*BSA Swim Testing year-round! Book your Troop for testing.\*\***

Merit Badge Counselor Heather Fittery  
heatherfittery@lititzrec.com 717-626-5096, ext 227



## PERSONAL FITNESS

at **Lititz recCenter**

Certified Personal Trainers will guide Scouts in achieving fitness goals and testing using group fitness classes and fitness equipment. Scouts must be 13 yrs+. Minimum of 20 hours. Additional hours depend upon Scout's experience and ability. Scheduled over 12 weeks.

Merit Badge Counselor Erica Wolgemuth-Johnson  
fitness@lititzrec.com 717-626-5096, ext 225



## PERSONAL FITNESS

at **recROC**

Scouts will achieve fitness goals and testing using obstacles and bouldering activities, and training equipment. Scouts must be 13 yrs+. Minimum of 20 hours —additional hours depend upon Scout's experience and ability. Scheduled over 12 weeks.

Merit Badge Counselor Angela Weiler  
recROCinfo@lititzrec.com, 717-874-3281



## SPORTS

Coaches and trainers will guide Scouts through sports offerings at Lititz recCenter (can be combined with other youth sports). Scheduled over 12 weeks with dates/times depending on season or sport activity.

Merit Badge Counselor Ron Stief  
RonStief@lititzrec.com, 717-626-5096, ext 229



## ATHLETICS

Scouts will explore sports and fitness activity and achieve goals over a 12 week period with dates/times depending on season or athletic activity selected. Personal training and sports conditioning are options.

Merit Badge Counselor Ron Stief  
RonStief@lititzrec.com, 717-626-5096, ext 229

**Group of 4-10 Scouts** \$50 per scout Member / \$55 NonMember

**Scout & Buddy** \$55 per scout Member / \$70 NonMember

**Single Scout** \$60 per scout Member / \$75 NonMember

*Fees cover a complete merit badge program for 1 scout.  
Multiple scouts register separately online.*

**Members Save on  
Scout Programs!**

Discounted fees for  
Merit Badges and for  
Scout Outings booked at  
Lititz rec or recROC.

Scouts - invite a Buddy to complete a Merit Badge with you to stay on-track and work/learn together!  
Scouts receive a temporary pass to Lititz recCenter or recROC to accomplish their Merit Badge requirements.

**Scout Outings - gym sports, swimming, bouldering, or build-your-own Troop Adventure!**

Lititz recCenter 717.626.5096 recROC 717.874.3281 www.lititzrec.com www.lititzrecROC.com